



**Sheffield
Primary & Community Mental
Health Transformation
Programme**

January 2020

Sheffield is one of twelve national sites sites selected by NHS England to test new ways of delivering and transforming how Primary & Community Mental Health Services are provided.

The programme is delivered in collaboration with South Yorkshire and Bassetlaw Integrated Care Partnership.

Our partners



A new approach

Sheffield's Primary & Community Mental Health Transformation Programme is set to improve how mental health services are provided in Sheffield through an innovative programme of work launching in April 2020.

Mental health in Sheffield

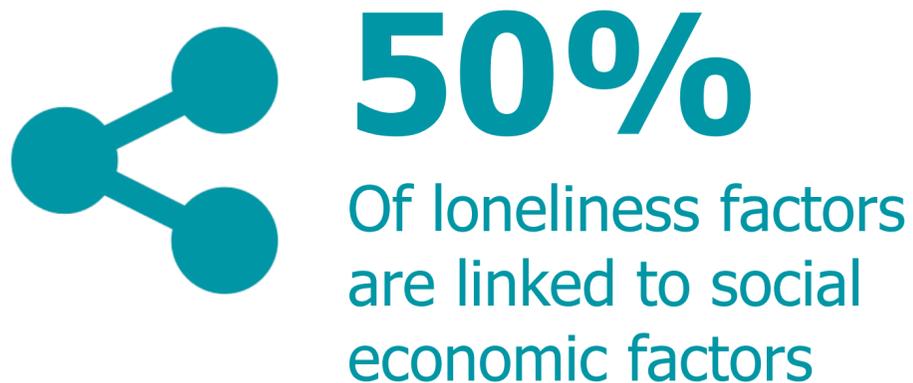
Mental health impacts on life expectancy



Mental health is one of the biggest health challenges in our society, having a significant impact on life expectancy and wellbeing. Within Sheffield we have passionate and dedicated staff who want to achieve the best for the city's residents but are facing increasing demands for services and people are having to wait longer to access them.



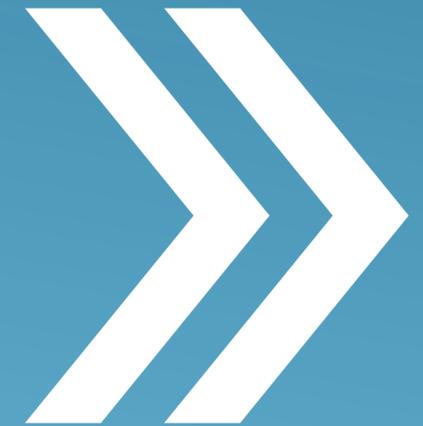
We have the opportunity to change this...



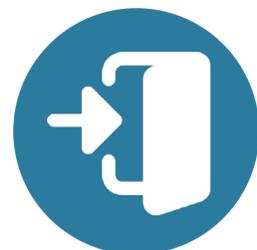
What are we doing?

The Sheffield Primary and Community Mental Health Transformation Programme is **a new way** of delivering services for adults and older adults with **serious mental illnesses** (including eating disorders and personality disorders) and other complex needs in places **near to their homes**. We also want to provide support at the earliest possible stage, to prevent against deteriorating mental health.

During 2020/21 we will be testing a new approach to providing support, care and treatment within 4 Primary Care Networks in Sheffield with the intention to expand the offer across the city in the future.



What will be different?



No wrong front door

There will be no wrong front door to access support. Wherever anyone seeks mental health support there will be an easy process to get it.



Reduced waiting times

We are committed to lowering waiting times to be less than 4 weeks from the point someone decides they want help to when they receive support.



An integrated team within Primary Care

A new team of staff will be based within each primary care network, working for the network. This greater alignment of health teams will also improve communication.



Enhanced voluntary sector support

There will be new roles to link individuals to extra support within their community, to help improve their mental health and to reduce the inequalities in Sheffield.



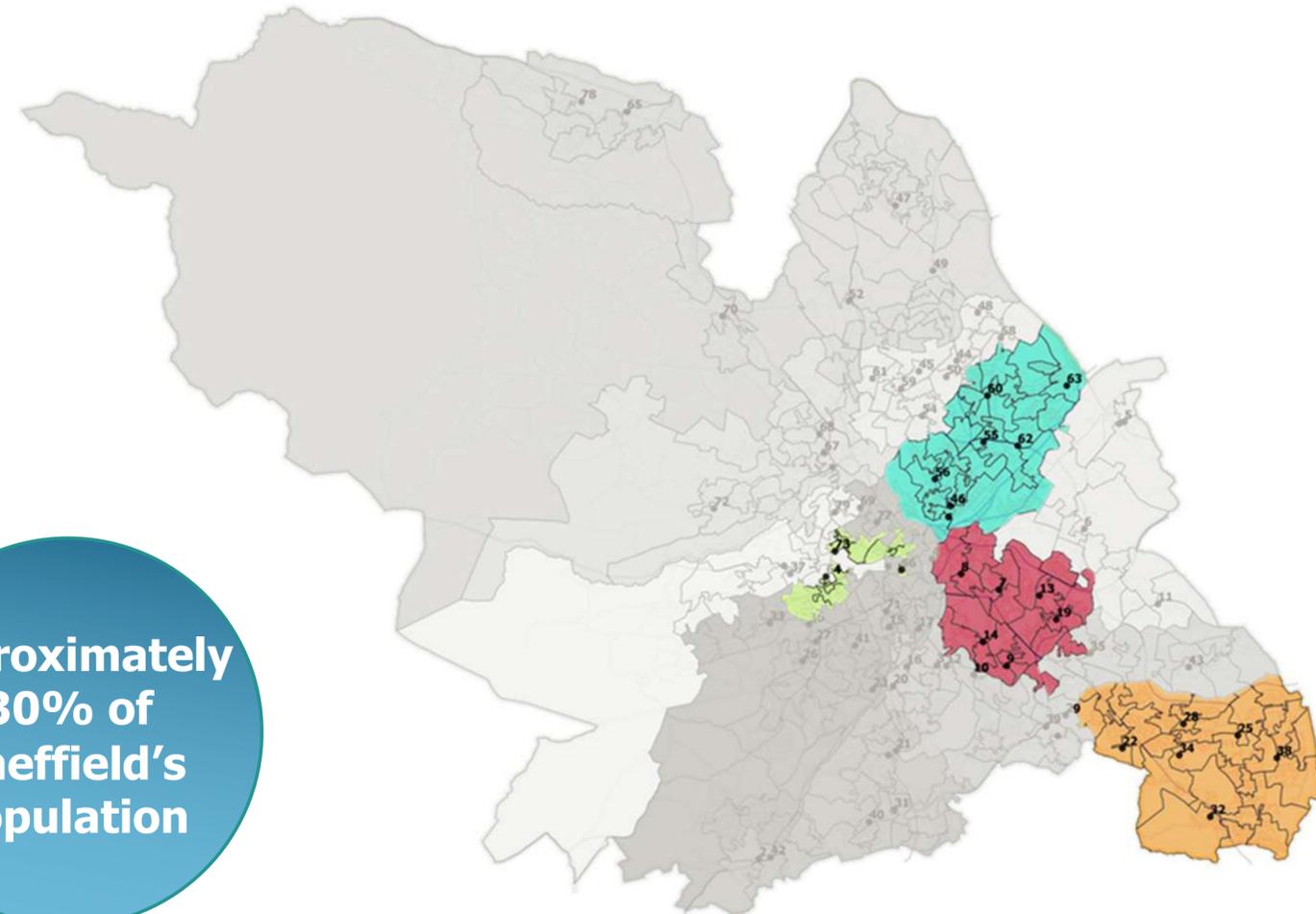
Improved physical health

We will not only improve mental health but will also improve physical health of individuals with mental health problems through the integration of services.



Where will we work?

Commencing in April 2020 we will initially be working across 4 Primary Care Networks. A Primary Care Network is a group of GP practices working more closely together, with other primary and community care staff and health and care organisations, providing integrated solutions to their local populations.



NORTH 2

- Burngreave Surgery
- Forge Health Group
- Southey Green Medical Centre
- Upwell Street Surgery
- Page Hall Medical Centre
- Sheffield Medical Centre
- The Firth Park Surgery
- Wincobank Medical Centre



GPA 1

- Dovercourt Practice
- East Bank Medical Centre
- Norfolk Park Medical Practice
- Duke Medical Centre
- Manor & Park Group Practice
- The White House Surgery



TOWNSHIPS II

- Jaunty Springs Health Centre
- Richmond Health Centre
- Woodhouse Medical Centre
- Charnock Health Primary Care Centre
- Stonecroft Medical Centre



SHU & UHS

- University of Sheffield Health Service
- Student Health at Sheffield Hallam University

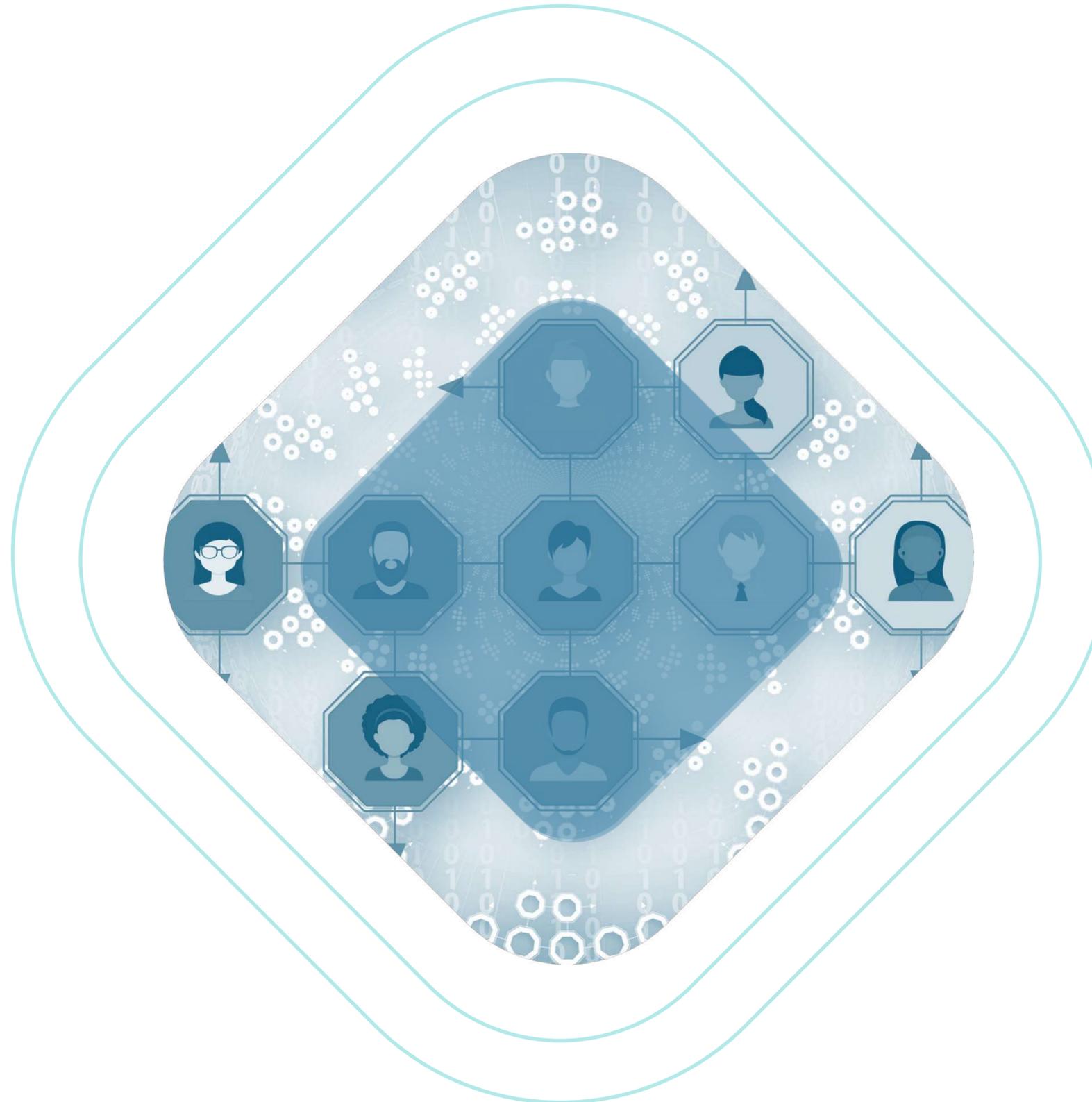
What will be provided?

General health needs

General health needs will continue to be provided by GPs with better links to the mental health team working within each practice.

Social needs

A team of community connectors will help people with mental health problems to overcome the barrier to getting extra support within their community. We will also be offering new funding to the voluntary and community sector.



Mental health needs

Each Primary Care Network will have a new team of mental health staff working directly within GP practices.

- Primary Care Mental Health Worker
- Clinical Psychologists / Psychotherapists
- Wellbeing Workers
- Mental Health Pharmacist

The background features a dark blue grid of rounded squares. Each square contains a light blue, semi-transparent geometric shape, possibly a stylized letter or symbol. A central blue circle contains the text. The overall aesthetic is modern and clean.

**Information
for patients,
carers &
families**

I am a patient in one of the Phase 1 sites

If your GP Practice is within the 4 Primary Care Networks we will start working within you will be able to access the new services from April 2020 regardless of whether you are currently receiving mental health support or not.

If you are currently receiving mental health support you will be given the option of either continuing to receive treatment as you currently do, or to transfer your care into the new model at a time that is right for you. If you remain within the existing support services you will still be able to access the new voluntary sector support.



My practice is not in the Phase 1 sites

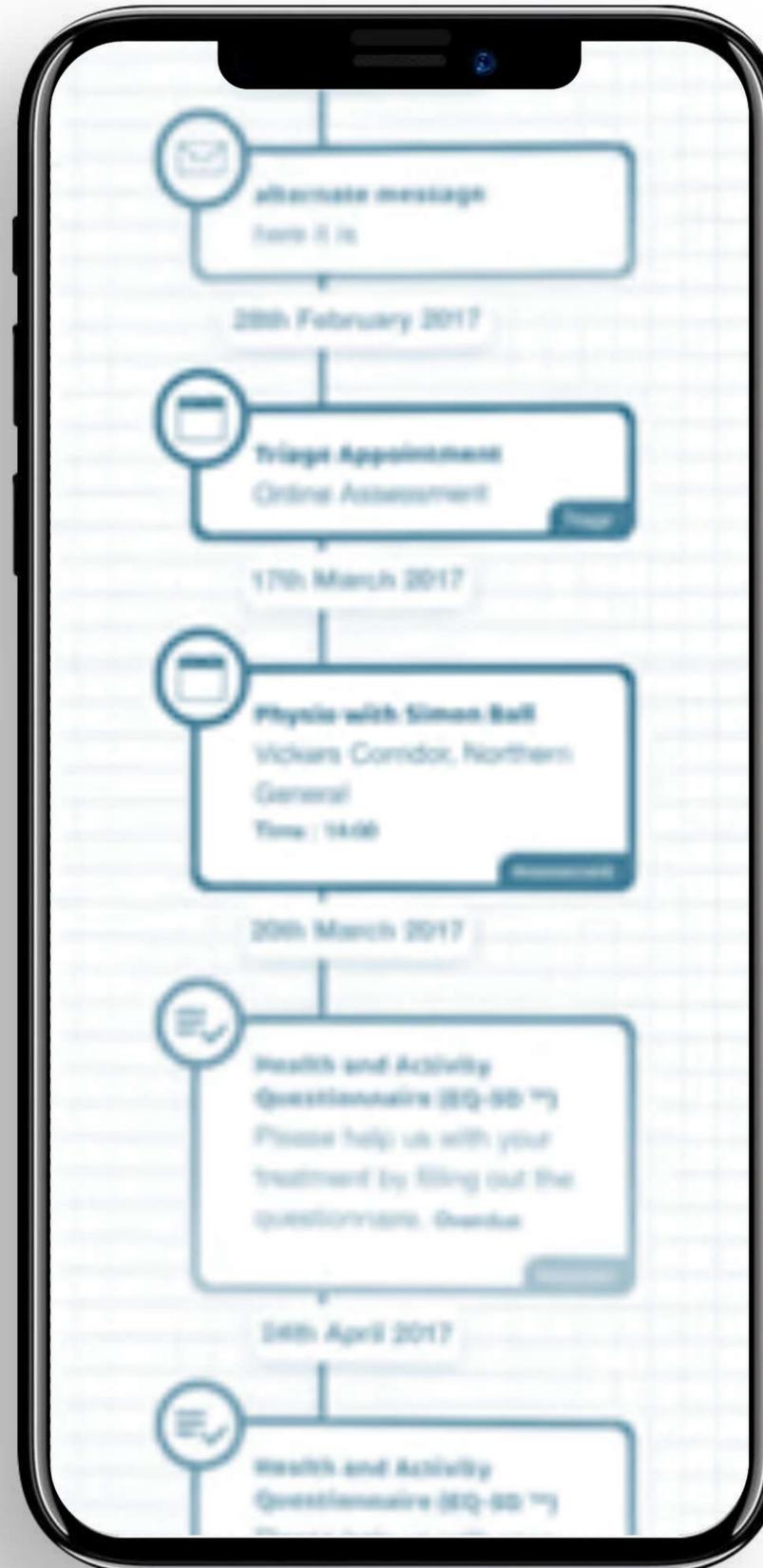
If your GP Practice is not within the Phase 1 sites don't worry, you will continue to receive the same level of care and support that you currently receive.

During 2020/21 we will be testing a new approach to providing support, care and treatment within the Phase 1 Primary Care Networks with the intention to expand the offer across the city in the future. We will involve you in any changes prior to them happening in the future.

Digital offer

The programme will harness technology to provide a digital pathway for patients...

... Whilst retaining accessibility for everyone regardless of their digital capacity.



Appointments

You will be able to see all of your past and future appointments with health and voluntary sector services.

Directory of support

You will be able to find out what local support is available to you and how to access it, including booking into groups through the digital app.

Feedback

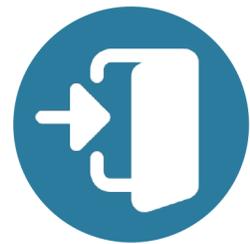
You will be able provide regular feedback which will be through the application



**Information
for Primary
Care**

What does it mean?

The Primary & Community Mental Health Transformation Programme is an incredibly exciting opportunity for Primary Care in Sheffield. The programme provides an opportunity to reduce some of the pressures created on Primary Care relating to mental health. We will collectively do this by achieving true integration of workforce, systems and processes spanning primary, secondary and voluntary sectors.



Improved access

Patients with mental health needs will receive improved access to support with reduced waiting times and an integrated response to meeting their needs.



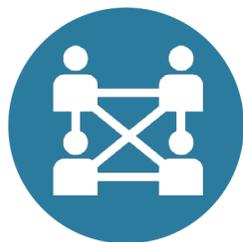
A Primary Care Network level integrated team

An integrated mental health team will work within each network, working on behalf of the network. Networks will benefit from a number of new specialised staff to work across each GP Practice within the network.



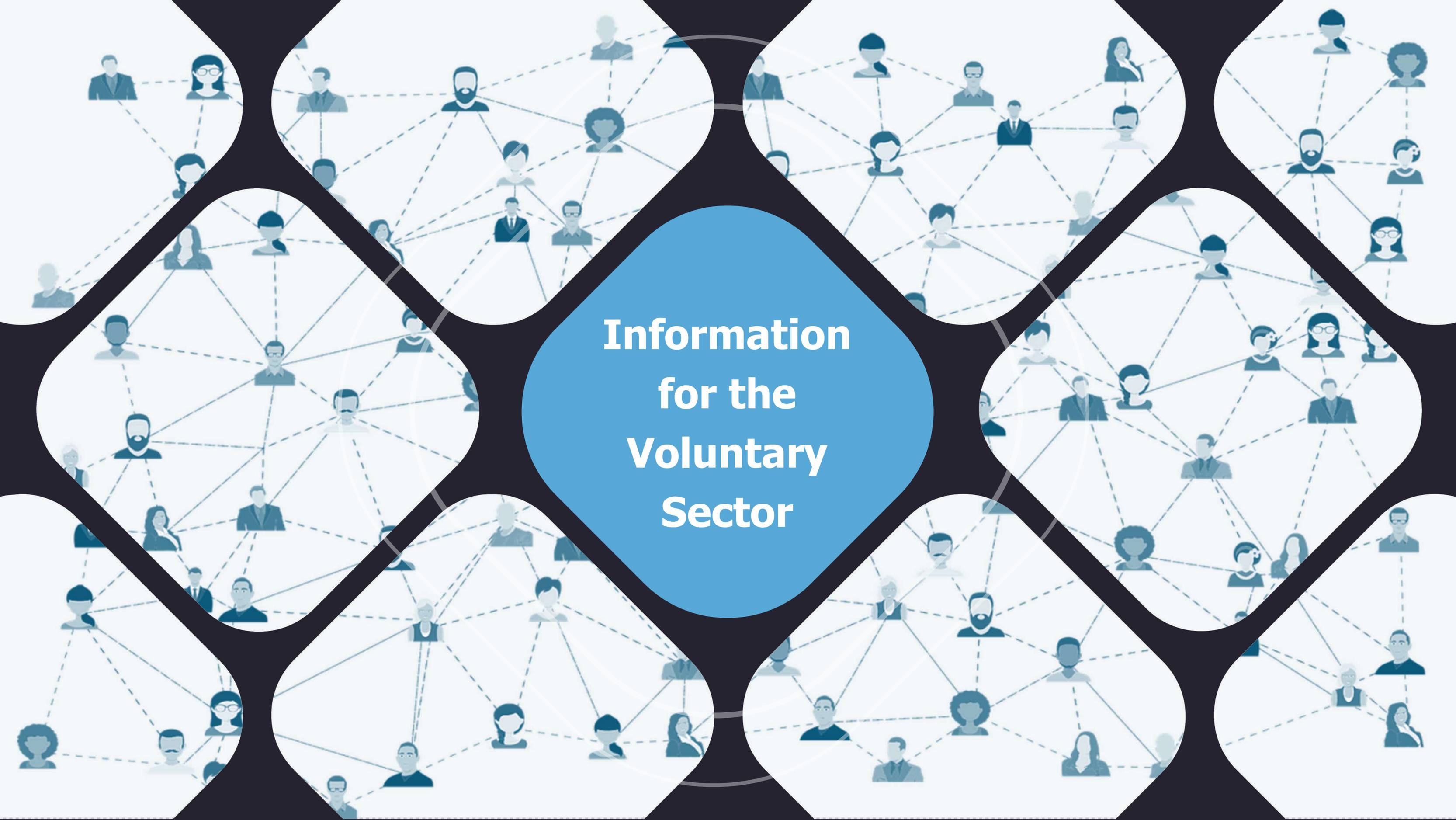
Systems

To achieve true integration we want our programme to use GP Clinical Systems to integrate reporting and recording of information.



A Primary Care Network designed solution

We know each Primary Care Network has different needs and communities. We will work closely with each of the 4 Phase 1 sites to understand their specific needs and challenges. We will co-produce solutions that respond directly to local needs, placing the patient at the heart of all of our activities.



**Information
for the
Voluntary
Sector**

Voluntary sector

As part of the Primary & Community Mental Health Transformation Programme we are making new investments in the voluntary sector, led by Sheffield Mind.

The voluntary sector has an essential role in helping to meet social and wellbeing needs. We want to reflect this and provide resource for the sector within the new programme. To do this we are making new money available to the sector!



Community Connectors

A team of community connectors will help people to access wider community support by removing the barriers that might stop people accessing support.



New funding

Significant new investment will be made available within the 4 Primary Care Networks for voluntary sector providers to be able to apply for 2 years funding to provide new and enhanced support services for mental health. The fund will be provided by Sheffield Mind and will open in March 2020





**Information
for existing
mental health
staff**

What does it mean?

We know there are a high number of highly skilled and dedicated staff working within Mental Health Services who equally face increasing demands for service provision. The Primary & Community Mental Health Transformation Programme enables us to:



Reduce existing pressures

By creating new and additional roles we will be able to help to reduce some of the pressures on the existing system working with the initial sites.



Test new ways of working

The Phase 1 sites of the programme enable us to safely test new ways of working without posing further change onto existing service design.



Improve job satisfaction

We believe the new model of working placing the patient at the heart of care, greater integration between providers and new ways of working will improve the job satisfaction of people working within the new teams.



**Upcoming
events &
news**

Coming Up...

Community Mapping Events

In late January we will run community mapping events with patients, carers, families and the voluntary sector to gain a strong understanding of their needs and any gaps in local provision.

One mapping event will be undertaken in each of the 4 Primary Care Network sites so we understand the issues important to each area.



Monday 27 January 2020 – 10am – 12.30pm

NORTH 2 Mapping Event

Yellow Arch Studios, 30-36 Burton Road, Sheffield, S3 8BX



Wednesday 29 January 2020 – 10am – 12.30pm

TOWNSHIPS II Mapping Event

Birley Moor Fire Station, Moor Valley, Sheffield, S20 5FA



Friday 31 January 2020 – 10am – 12.30pm

GPA 1 Mapping Event

The Victoria Centre, Stafford Road, Sheffield, S2 2SE



Book your place!

For more information or to book your place at any of the events, please contact Courteney Savidge courteney.savidge1@nhs.net

Coming up...

Clinical Pathways Mapping Event

Working with primary and secondary care staff we will run a clinical pathways mapping event with all Primary Care Networks so clinical staff can shape the design of the new model.

We would love to see as many people as possible from both primary and secondary care in attendance at the event.



Friday 14 February 2020

1pm – 4pm

Copthorne Hotel, Bramall Lane, Sheffield, S2 4SU



Book your place!

For more information or to book your place at the Clinical Pathways Mapping Event, please contact Courteney Savidge courteney.savidge1@nhs.net

Coming up...

Voluntary sector fund applications

Led by Sheffield Mind, work is now underway developing the community stakeholder mapping events, which will be used to shape and inform the voluntary sector fund.

In **March 2020** the voluntary sector fund provided via Sheffield Mind will open for applications from any voluntary sector organisation, large or small, who are keen to develop the mental health support they offer.

The fund will be for services to be provided within the 4 Phase 1 Primary Care Networks. We envisage that funding will be provided for up to 2 years during this round of applications.

If you would like to know more about the voluntary sector funding opportunity and to receive further information please contact Margaret Lewis, Chief Executive, Sheffield Mind
margaret.lewis@sheffieldmind.co.uk





More information

For more information regarding the Primary & Community Mental Health Transformation Programme please contact:

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Sheffield Health & Social Care NHS Trust

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Mental health information

To find out information about any of the existing mental health services in Sheffield please visit:

 www.shsc.nhs.uk

 www.sheffieldccg.nhs.uk

 www.sheffieldmind.co.uk

 www.sheffieldmentalhealth.co.uk